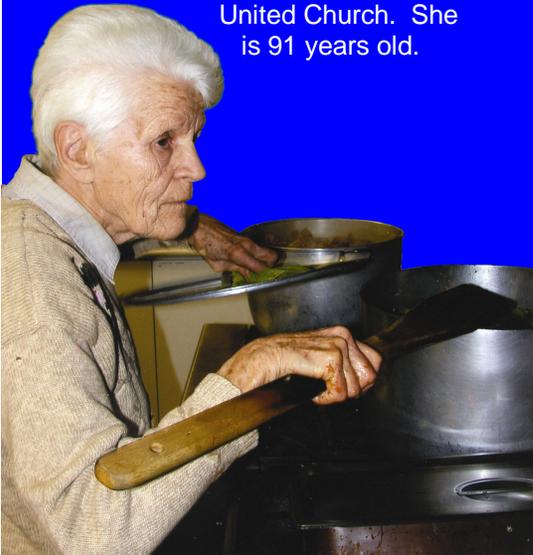


Jean Stinson is one volunteer who is angry. She cooked at the same church where she handed out sandwiches as a teenager in the Depression. "But I've never seen people sitting out on the street before. I'm fed up with the levels of government and power structure that allows it to happen. You begin to ask 'Is this work I do a sop?' If the provincial government seems to be saying 'We'll let the charities do it' then it's insulting."

Toronto Star, March 22, 1999

Jean Stinson was 76 years old back in 1999 when this quote appeared in a Toronto Star article. Over 15 years later she is still volunteering for the emergency meal program at Toronto's Metropolitan United Church. She is 91 years old.



What Freedom 90 members are saying!

"I volunteer at a lunch program serving people who do not have enough money to buy food. It is time for the government to live up to its responsibility, and stop relying on volunteers to shoulder the burden that should be covered by our tax-funded social services."

*Teresa Porter, Volunteer
LAMP Community Lunch Program
Newmarket, Ontario*

"In Canada we have a Charter of Rights and Freedoms; I wish that it included the right to food and shelter so that food banks would become redundant."

*Pauline Apperly, Director
Our Town Food bank
Tottenham, Ontario*



"The existence of food banks delays justice for the poor."

*Hilary Meggison
Social Justice Co-ordinator
All Saints Anglican Church
Hamilton, Ontario*

Freedom 90

The Union of Food Bank and
Emergency Meal Program
Volunteers

"It's time to make Ontario's food banks obsolete — before we volunteers reach the age of 90!"

Food program volunteers, join our union today!

www.freedom90.ca

See inside →

The Freedom 90 Union has three demands:

1. Lay us off!

The Government of Ontario must ensure that social assistance and minimum wage levels are sufficient for everyone to have adequate housing and to buy their own food.

2. Mandatory retirement by the age of 90!

Many of us have been volunteering for twenty years and there is no end in sight. The Freedom 90 Union demands the Government of Ontario take urgent action to end poverty and make food banks and emergency meal programs unnecessary.

3. Freeze our wages! Or double them!

It doesn't matter because we are unpaid volunteers.

Volunteers at food banks and emergency meal programs have **earned the right** to speak out about poverty in our communities. Freedom 90 Union members are a new and powerful voice for change.

In June 2011 we formed the Freedom 90 Union because **we want to retire** from volunteering at food banks and emergency meal programs - **before we are 90 years old!**

The Freedom 90 Union demands urgent action by the Government of Ontario to end poverty and make food banks and emergency meal programs unnecessary.

Join Freedom 90, the Union of Food Bank and Emergency Meal Program Volunteers.



Membership is Free!

Join Online

Join the Freedom 90 Union online at www.freedom90.ca

Fill out the Form

To join the Freedom 90 Union, fill out the attached form and mail it to:

Freedom 90
c/o York Region Food Network
350 Industrial Parkway South
Aurora, ON L4G 3V7

Your membership card will be mailed to you.

Music for Change

Listen to our union anthem "Fifty Ways to Close the Food Banks" (with apologies to Paul Simon) at www.freedom90.ca

How to Donate!

Please donate to the Freedom 90 Union to help cover printing and mailing costs. Donate online at www.freedom90.ca, or send a cheque payable to "York Region Food Network" at:

Freedom 90
c/o York Region Food Network
350 Industrial Parkway South
Aurora, ON L4G 3V7

Yes, I want to become a member of

Name: _____

Address: _____

Phone: _____

Email: _____

Member (Food Bank or Meal Program Volunteer) Friend (Supporter of Freedom 90) Subscriber (Freedom 90 Newsletter)

Freedom 90
The Union of Food Bank and
Emergency Meal Program
Volunteers

Please send my membership card—**free of charge.**
As a volunteer at a food bank or emergency meal program, **I have already paid my dues!!**
www.freedom90.ca