

Every year, thousands of families and single people across York Region use food banks, and for many different reasons even more (4 X more), are unable to. [organization] is dedicated to making food banks unnecessary in Ontario and across Canada and to that end we advocate for adequate wages and social assistance levels as well as affordable housing. As part of an awareness campaign to highlight the increasing number of people living in poverty and relying on food banks in Ontario in 2015, [organization] is challenging individuals to live the life of a food bank recipient and meal program client for 6 days.

We are asking the participants to go to their local food bank and get help. This will give them a slice of what it is like to live on a very low income. The Challenge will take place the week of [time slice].

We are asking for your assistance in allowing participants from your area to come to your food pantry and go through as normal food bank clients. We will contact you with their names and will make sure they know what information you ask clients to provide. More than likely they will not fit the financial criteria so we request that you allow them to participate anyway. They will make a donation back to the food bank to cover the cost of the food they are receiving.

We are attaching the itinerary for the Food Bank Diet Challenge for your information. Let us know if you can be a part of this worthwhile event by contacting **[coordinator] via email at [email address] or by phone at [phone number]**.

We look forward to meeting with you during the Food Bank Diet Challenge and working together on common causes in the future.

Yours Sincerely,

**[coordinator]**  
**[organization]**